

UNDER 9 AGE CATEGORY

All of the sports athletes you will learn about below are people who have worked very hard to achieve their many awards. To be a true athlete, you must have passion, determination and work hard. This is what all these sports icons did. At the same time, many of them are very involved in bettering their communities. They are heroes both in the sports world and in the everyday world.

Acronym Dictionary

FIFA- Federation International Football Association

UEFA- Union of European Football Associations

NBA- National Basketball Association

UNDP- United Nations Development Programme

MVP- Most Valuable Player.

(You will not be expected to know these acronyms. This is just for your information.)

OLYMPICS

Shelly-Ann Fraser-Pryce



- Shelly-Ann is a sprinter and Olympian.
- She became the first Jamaican woman to win an Olympic Gold medal for the 100-metre sprint. This happened at the 2008 Olympics.
- She won a second Gold in the 100-metre at the next Olympics in 2012.
- Ms. Fraser-Pryce was born on December 27, 1986, in Kingston, Jamaica.
- The following video is of Shelly-Ann winning her second Olympic Gold Medal:
<https://www.youtube.com/watch?v=UAeVr47zAYg>

Gabrielle Douglas



Gabby, as she is popularly known, is an American Women's Artistic Gymnast.

- She has won two Olympic Gold Medals. Both of these medals were at the 2012 Olympic Games.
- One Gold was for Individual All-round Champion in gymnastics.
- She was born on December 31, 1995, in Virginia Beach, Virginia.
- She first learned gymnastics from her sister Arielle. Arielle was also a gymnast and a cheerleader.
- The second Gold was a team win.
- Here is a short video about Gabby:
<http://www.biography.com/people/gabby-douglas-20900057/videos/gabby-douglas-olympic-aspirations-42879043953>
- She is the first woman of colour, and the first African American to have won the individual Gold in Olympic history.

David Lekuta Rudisha



He is a World Champion 800 metre runner and he holds the World Record.

- David was born on December 17, 1988, in Kilgoris, Kenya.
- He developed his interest in athletics from his father, Daniel Rudisha.
- Daniel Rudisha won a Silver Olympic Medal in 1968 in Mexico City. He was part of the Kenyan relay team.
- In August of 2010, he broke the world record for the 800m twice!
- The following video shows Mr. Rudisha's celebration after breaking the world record a third time in 2012:
<https://www.youtube.com/watch?v=Gik85qKTyh8>

SOCCER (FOOTBALL)

- He was born on March 10, 1981, in Nkon, Cameroon.
- His first experience playing soccer outside of Cameroon was in 1997.
- He joined the Real Madrid Youth Academy.
- Enjoy this video compilation of some of Etoo's best goals:

<https://www.youtube.com/watch?v=UJOjkOB689E>

Samuel Eto'o Fils



"The first thing for victory is believing, believing that you can achieve. When you believe that you can achieve something, I'm sure that you're 60 percent on the path to victory."
- Samuel Eto'o

Samuel has won more awards than any other African soccer player. Some of Etoo's awards include:

1. African Player of the year in 2003, 2004, 2005 and 2010
2. Olympic Gold Medalist in 2000.
3. UEFA Champions League Best Forward, in 2006
4. UEFA Champions League in 2006 and 2009.

- Marta was born on February 19, 1986, in Dois Riachos, Alagoas Province, Brazil.
- She grew up in a poor area of Brazil, but this did not stop her.
- She would play soccer using a ball made of tied up plastic bags.

Marta Vieira da Silva



She is said to be one of the best female soccer players in history. She is also a UNDP Goodwill Ambassador. She was voted into this role in October 2010.

- Marta was FIFA Women's World player of the Year in 2006, 2007, 2008, 2009 and 2010.
- Being a UNDP goodwill ambassador is very important to her. This is seen in the following video:

<http://bcove.me/lvtfzwag>

Freddy Adu



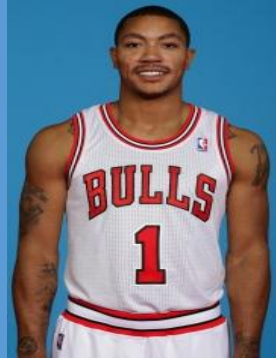
Freddy was said to be the next Pelé at the start of his soccer career.

- He was born in Tema, Ghana, on June 2, 1989.
 - His family moved to the US in 1994.
 - Adu is talented on the soccer field and in school.
 - He finished high school three years early.
- He is known for being the youngest player to sign a major league soccer contract in 115 years.
 - He signed this contract when he was just 14 years old.
 - He signed with the DC United soccer team.

BASKETBALL

- He was born on October 4, 1988, in Chicago, Illinois.
- He was given the nickname “Pooh” by his grandmother.
- He learned how to play basketball from his older brothers.

Derrick Rose



He is the youngest MVP in NBA history. He was awarded this honour in 2011.

- He was drafted into the NBA in 2008.
- He was a first round pick. He was chosen by his home team, the Chicago Bulls.
- He was an NBA All-Star in 2010, 2011 and 2012.
- In 2009 he was voted Rookie of the Year.

- He was born on December 30, 1984, in Akron, Ohio.
- His NBA career started in 2003. He was selected by the Cleveland Cavaliers.
- He has won two Olympic Gold Medals and one Bronze Medal.
- He has many MVP awards in all areas

Lebron Raymone James



Lebron is also known as “King James” because of great basketball skills.

- In 2004, he started the Lebron James Family Foundation.
- The main goal of the foundation is to have a positive effect on children and young adults through education.
- The foundation works with other groups such as the Boys and Girls Club of America.

- He was born on March 14, 1993, in Toronto, Ontario.
- He attended the University of Las Vegas.

Anthony Bennett



- He now plays for the Minnesota Timberwolves.
- Watch this 1 minute 20 second video of Bennett at his best. He is number 24:

- In the 2013 draft, he was chosen by the Cleveland Cavaliers.

He is the first Canadian to be an NBA draft number 1 over-all pick.

https://www.youtube.com/watch?v=RjVGMA09J7o&feature=player_detailpage

CANADIANA-SPORT

Perdita Felicien



Perdita was awarded the Queen Elizabeth II Diamond Jubilee Medal for her work with Right to Play.

- Perdita is an Olympian and World Champion Hurdler.
- She was born on August 29, 1980, in Oshawa, Ontario.
- She is an ambassador for the non-profit group Right to Play.
- She has won the national 100-metre hurdlers 10 times
- She set the Canadian record for 100-metre hurdles. Her time was 12.46 seconds.
- She has also won two world championships in the 100m hurdles as well.

PK Subban



The **P** in **PK** stands for Pernel; and the **K** stands for Karl.

- He was born on May 13, 1989, in Toronto, Ontario.
- He won the James Norris Memorial trophy for top NHL defenseman in 2013.
- He is a hockey player. He plays defense for the Montreal Canadiens
- Watch this one minute video about him: <http://bcove.me/abe4ih7b>

All African Men's Basketball Tournament

Watch this 2.5 minute news report on

- This tournament is organized by the Council for the Advancement of African Canadians in
- The organization believes that sport brings about peace and respect for one another.

the tournament:

<http://globalnews.ca/video/1063239/first-of-its-kind-basketball-tournament/>

Alberta (CAAC)

- It is two years old. It is held at the beginning of January.
- The main goal is to bring communities together.
- The players are between 16-23 years old.
- The teams have 6 player each.

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